



*Keeping students healthy:
Promoting physical activity and healthy eating in NH and VT schools*

May 8, 2009

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| Registration and Light Breakfast | 8:30-9:00 |
| Welcome & Introduction Madeline Dalton, PhD, Director, & Meghan Longacre, PhD, Research Coordinator, Hood Center for Children and Families | 9:00-9:15 |
| Overview on Childhood Obesity and Role of Schools Susan Lynch, MD, New Hampshire's First Lady and Pediatrician | 9:15-9:45 |
| Highlights from the State of Vermont Wendy Davis, MD, Commissioner of Health, Vermont | 9:50-10:10 |
| Highlights from the State of New Hampshire José Montero, MD, Director, Division of Public Health Services, New Hampshire | 10:15-10:35 |
| NH & VT Panel Q & A | 10:35-10:45 |
| Morning Break | 10:45-11:00 |
| ReelTalk ACT II Study, Initial Findings, Q & A Lucy Gibson, MS, Smart Mobility, Inc. Anna Adachi-Mejia, Ph.D., Assistant Professor Meghan Longacre, Ph.D., Instructor, Research Coordinator | 11:00-12:15 |
| Lunch | 12:15-1:15 |
| School Panel Discussion: Responding to the Local Wellness Policy Mandate Brenda Needham, MS, Superintendent, Windsor School District Robert Lister, PhD, Superintendent of Schools, Portsmouth School Department Linda King, BS, School Nurse, Harwood Union High School, and Health Coordinator for Washington West Supervisory Union; and Sue Dillon, BS, School Nurse, Waitsfield Elementary and Health Coordinator for Washington West Supervisory Union Craig Kozens, BS Curriculum Coordinator Health & Wellness, Laconia High School | 1:15-2:30 |
| Afternoon Break | 2:30-2:45 |
| Funding Opportunities & Other Resources for Supporting School Wellness: Panel Discussion Shawn LaFrance, MPH, Executive Director, Foundation for Healthy Communities Martha Judson, RN, MS, HEALTHy School Initiative, UNH Cooperative Extension Lindsay Simpson, BA, Physical Education Consultant, Vermont Department of Education | 2:45-3:45 |
| Final Remarks Madeline Dalton, PhD and Meghan Longacre, PhD | 3:45-4:00 |