Keeping students healthy: 
Promoting physical activity and healthy eating in NH and VT schools 

May 8, 2009

Registration and Light Breakfast 8:30-9:00

Welcome & Introduction 9:00-9:15
Madeline Dalton, PhD, Director, & Meghan Longacre, PhD, Research Coordinator, Hood Center for Children and Families

Overview on Childhood Obesity and Role of Schools 9:15-9:45
Susan Lynch, MD, New Hampshire’s First Lady and Pediatrician

Highlights from the State of Vermont 9:50-10:10
Wendy Davis, MD, Commissioner of Health, Vermont

Highlights from the State of New Hampshire 10:15-10:35
José Montero, MD, Director, Division of Public Health Services, New Hampshire

NH & VT Panel Q & A 10:35-10:45

Morning Break 10:45-11:00

ReelTalk ACT II Study, Initial Findings, Q & A 11:00-12:15
Lucy Gibson, MS, Smart Mobility, Inc.
Anna Adachi-Mejia, Ph.D., Assistant Professor
Meghan Longacre, Ph.D., Instructor, Research Coordinator

Lunch 12:15-1:15

School Panel Discussion: Responding to the Local Wellness Policy Mandate 1:15-2:30
Brenda Needham, MS, Superintendent, Windsor School District
Robert Lister, PhD, Superintendent of Schools, Portsmouth School Department
Linda King, BS, School Nurse, Harwood Union High School, and Health Coordinator for Washington West Supervisory Union; and Sue Dillon, BS, School Nurse, Waitsfield Elementary and Health Coordinator for Washington West Supervisory Union
Craig Kozens, BS Curriculum Coordinator Health & Wellness, Laconia High School

Afternoon Break 2:30-2:45

Funding Opportunities & Other Resources for Supporting School Wellness: Panel Discussion 2:45-3:45
Shawn LaFrance, MPH, Executive Director, Foundation for Healthy Communities
Martha Judson, RN, MS, HEALthy School Initiative, UNH Cooperative Extension
Lindsay Simpson, BA, Physical Education Consultant, Vermont Department of Education

Final Remarks 3:45-4:00
Madeline Dalton, PhD and Meghan Longacre, PhD